



*Over 45 Years of  
Dedicated Service*

**Beginning with the children**

- Building self-esteem through education and positive experiences
- Helping with nutritional needs
- Programs designed to help those with disabilities be active and involved.

**Helping families in need**

- Elderly services
- Spousal abuse shelters
- Family advocacy
- School Readiness and Christmas Baskets
- Home Repair and housing needs
- Counseling for families and individuals

**Serving the Community**

- Operation Sharing in-kind program
- Disaster Relief
- Human service grants
- WorkFest

***Thank You, Kentucky  
State Employees,  
for Supporting the  
Families of Kentucky  
in Their Time of Need!***



**Child and Family  
Development Centers**

With a focus on family growth and development, children are enrolled in CAP's Child and Family Development Centers, while parents are taught to actively engage their children in learning developmental skills.

**The Elderly**

Many seniors live out their lives in poverty, loneliness, poor health, and with no transportation to and from the grocery store or doctor's appointments. CAP's Elderly Services offer solutions to these basic needs.



## ***Because of you...***

### **Helping people with disabilities**

CAP seeks new and innovative ways to help people with disabilities reach their full potential in enjoying life by fostering educational, recreational and spiritual opportunities.



### **Workfest: CAP's Alternative Spring Break**

Over 400 students from 40 different colleges and universities come to Eastern Kentucky each March to fix leaky roofs, repair porches, replace windows, doors, and flooring. No prior building experience is necessary. Our crew leaders emphasize service, learning and spirituality.

## ***CAP is able to make a difference.***

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### **Look us up on the web:**

[www.christianapp.org](http://www.christianapp.org)

